



Traits of a Virtuous Woman

Chosen By His Grace

"Who can find a virtuous woman? For her price is far above rubies." ~ Proverbs 31:10

Opening Prayer:

Lord, thank You for showing us what true virtue looks like through Your Word. Help us learn from the women of faith who came before us. Teach us to be patient, kind, and faithful in all that we do. Amen.

She Does Not Act on Impulse

Read Proverbs 31:16. What does it mean to 'consider' before acting?

How can you apply this trait in your daily life before making big or small decisions?

She Is Fair and Impartial

Read Proverbs 31:20. Why is it important to serve beyond your home?

What are ways you can reach out to your community this week?

She Is Brave and Fearless

Read Proverbs 31:25. What are you trusting God with right now?

What does it look like to laugh without fear of the future?

She Is A Hard Worker

Read Proverbs 31:27. How do you balance rest and responsibility?

Is there any area of your household or personal life that needs more attention?

She Is Wise And Knowledgeable

Read Proverbs 31:26. Why is wisdom important when speaking to others?

How can you make your words reflect God's love today?

She Is Responsible And Mature

What does maturity in faith and life look like to you?

How do your actions influence the people closest to you?

She Is Patient And Tolerable

Read Proverbs 31:15. In what areas do you struggle with patience?

How can you invite God into your daily routine to strengthen your patience?

Examples of Virtuous Women in the Bible

Mary (Luke 1:38): What does Mary's humility teach you about obedience?

Ruth (Ruth 3:11): How does Ruth's loyalty reflect noble character?

Esther (Esther 5:6-8): How can courage and wisdom go hand in hand when facing tough decisions?

Closing Prayer Prompt:

Thank God for the ways He is shaping you into a virtuous woman. Ask Him to help you grow in wisdom, grace, patience, and strength.

Bible Verses to Reflect On

Proverbs 22:1 – A good name is more desirable than great riches; to be esteemed is better than silver or gold.

Galatians 5:22-23 – But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control.

Colossians 3:12 – Clothe yourselves with compassion, kindness, humility, gentleness, and patience.

Proverbs 16:32 – Better a patient person than a warrior, one with self-control than one who takes a city.

Ephesians 4:2 – Be completely humble and gentle; be patient, bearing with one another in love.