



# 3 Stages of Spiritual Growth

'I am writing to you, dear children, because your sins have been forgiven on account of his name... (1 John 2:12-14)

## Stage 1: Baby Christian

This is where our journey begins. We are new in the faith, just learning that God loves us and has forgiven us through Jesus. We may not fully understand His Word yet, but we are beginning to feel His presence and learn how to trust Him.

**What does it mean to be a 'baby Christian'?**

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**How can you grow from this stage?**

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## Stage 2: Young Christian

As we grow, we start to move from simply believing to truly following Jesus. We begin to understand God's Word and learn to apply it. We also begin to serve others, reflecting Jesus' love and purpose in our actions.

**What are some signs you have entered this stage?**

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**How can serving others help you grow spiritually?**

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### Stage 3: Mature Believer

This stage reflects spiritual maturity. We walk confidently in God's truth, we lead others, and we use our gifts for the Kingdom. We've moved from receiving to giving, and from learning to teaching.

**How do you know when you've reached spiritual maturity?**

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**What responsibilities come with being a mature believer?**

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### How Do You Know You're Growing Spiritually?

Spiritual growth often shows in how we respond to life's challenges. Do we act with wisdom and patience, or with fear and emotion? Growth shows up when we respond biblically rather than emotionally.

**What was your last spiritual challenge, and how did you respond?**

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**What does your reaction say about your current stage?**

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### How to Get Closer to God

Here are ways to deepen your relationship with God and move forward in your spiritual growth journey:

- Spend time in prayer. (Psalm 32:8)
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- Submit to God and resist the enemy. (James 4:7-8)
- Read your Bible daily. (Hebrews 4:12, 2 Timothy 3:16-17)
- Meditate on Scripture. (Colossians 3:16, Psalm 119:10-11)
- Journal what God shows you. (Numbers 33:2, Exodus 17:14)

**Which of these practices do you need to grow in most right now?**

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**How will you intentionally make space for this growth this week?**

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## **Closing Prayer**

Ask the Lord to show you what stage you're in and how He wants you to grow next. Pray for the strength to be obedient, the wisdom to understand His Word, and a heart willing to serve others.

